



Alton Cycling Club

Parental Consent Form

Alton Cycling Club welcomes members aged from 16 upwards provided they have the minimum bike handling skills, a suitable bicycle and the level of fitness required to participate in our weekly rides. However, we do require that parents or guardians of young people taking part in our club activities complete our parental consent form.

This form should be completed by the parent/guardian of anyone under the age of 18 years wishing to take part in Alton Cycling Club activities or wishing to join the club. This is required for members and for non-members.

Please complete this form for each ride and hand to the ride leader at the beginning of the ride. Without this form they will not be allowed to ride. The form will be returned to the rider or destroyed securely when the ride is complete.

For joining members under the age of 18 years, the following form is to be completed and submitted with your application. Your membership will be held as pending until this parental consent form is received.

Young person's details	
Name:	
Date of Birth:	
Address:	
Name of parent/legal guardian:	Contact telephone number:
Second contact name:	Contact telephone number:

www.altoncyclingclub.org

President: Ray Wood | Chairman: Guy Henshaw | General Secretary: Mark Sippings | Treasurer: Howard Garland
Publicity Secretary: Oliver Bishop | Welfare Officer: Ruth Stratford

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Declaration

The wearing of helmets are compulsory for all under 18's riding on Alton Cycling Club (ACC) rides. Members under 18 must be in possession of an up-to-date in case of emergency (ICE) card (available free from ACC's treasurer).

My young person's bike will be in a safe and roadworthy condition, and they are competent in basic repairs. I will ensure that they have weather appropriate clothing, suitable puncture repair kit, drinks, snacks and money for a coffee stop sufficient for the ride.

I understand and agree that my young person participates in ACC rides at his/her own risk. I have considered and understand the nature of such activities and have discussed them with my young person. I am satisfied that my young person is sufficiently responsible and competent to assume full and entire responsibility for their own safety whilst on ACC rides.

I understand that riders under the age of 18 years of age are permitted to participate on the public highway and must therefore assume full and entire responsibility for their own safety in relation to other traffic and observe the law of the land relating to road travel.

I agree that my young person shall participate activities with ACC without any liability whatsoever on the part of ACC or their officials or members in respect of any injury, loss or damage suffered by him/her, provided that this does not exclude the liability of any such party for death or personal injury arising from that party's negligence.

I confirm that my young person does not have any disability or medical condition, physical or mental, which could affect their ability to ride safely on ACC rides. I shall undertake to inform the club in the event of any change in medical details that may affect their ability to ride safely.

I understand all activities are covered by Public Liability Insurance but that there is no insurance for personal accident. Riders are advised to have 3rd party liability insurance (through organisations such as British cycling or Cycling UK).

I will be contactable in case of emergency and will agree arrangements for collecting / meeting my young person at the end of the ride with the ride leader before departure.

My young person may cycle home unaccompanied from the end point of the ride Yes [] No [].

Name of parent / legal guardian:

Signed by parent / legal guardian:

Date:

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